

RESOURCES FOR THOSE WITH ALCOHOL INTOLERANCE

In recent years, pastors across the United States have received numerous questions from those afflicted with alcohol intolerance in relation to the reception of Holy Communion. Many alcohol intolerant suffers are restricted from receiving the precious Blood as it is now offered in the Liturgy. An active dialogue with experts on such conditions, as well as with various dicasteries of the Holy See, has resulted in several new developments relative to the reception of Holy Communion for those with this condition.

Those who are unable to consume alcohol, whether the lay faithful, deacons or priests, may now substitute mustum for regular wine in the reception of Holy Communion with appropriate permission. "Mustum" proper is grape juice that contains no additives, is not pasteurized and has a very low alcohol content (less than 1.0%) due to the fact that the fermentation process has been arrested briefly after its start. Mustum may be stored through freezing or other means; any pasteurized grape juice product, including pasteurized mustum, is invalid matter for Mass due to the fact that the high temperatures used in such a process evaporate all of the remaining alcohol in the juice.

There are only two suppliers in the United States known to the Secretariat for the Liturgy of mustum approved for use at Mass. Their contact information is given here:

- (1) Ranelle Trading/ Ojai fresh Juice Corporation
2501 Oak Hill Circle, Suite 2032
Fort Worth, TX 76109
Phone: 877-211-7690 (toll free)
E-mail: mike@ojaifresh.com
Contact: Mr. Mike Ranelle, President

- (2) Mont La Salle Altar Wine Company
385 A La Fata Street
St. Helena, CA 94575
Phone: 707-963-2521
Toll Free: 800-447-8466
Contact: Mr. James Cox, President